

First - Soak your seeds in dilute GREEN-SUPREME at a rate of 1g per litre of water - for 12hrs

Plant point side UP! into **GRO-DIRT super starter** at a depth of 2cm

We recommend using a 50mm to 100mm pot for germination of Photoperiod plants with a minimum depth of 75mm - Autoflowering plants can be treated the same way, or alternatively, fill your final pot with **GRO-DIRT Lite** or **ISLAND-BLEND super-coco** and make a fist-sized hole in the centre - Fill this hole with **GRO-DIRT super starter** and plant your seed.

WEEK	ANTI-MATTER	DARK-MATTER	RHIZO-MOJO	GREEN-SUPREME	AQUA-MARINE grow	OCEAN-POTION
1 - WATER (A) - Lightly mist until moist - not saturated		Dust seeds & water in with 1g per Litre of water mix		0.5g per Litre of water		
1 - WATER (B) 2% BV	1g per Litre of water		0.1g per Litre of water			
2 - WATER (A) 2% BV			0.1g per Litre of water	0.5g per Litre of water		
2 - WATER (B) 5% BV	0.5g per Litre of water		0.1g per Litre of water			
3 - WATER (A) 2% BV			0.1g per Litre of water		0.45g per Litre of water	0.25g per Litre of water
3 - WATER (B) 5% BV	0.5g per Litre of water		0.15g per Litre of water	0.5g per Litre of water		